

All participants must ensure their own readiness, preparation, health and fitness. Suomen Metsä Ry (henceforth referred to as 'Suomen Metsä') is not responsible for the participants beyond the provisions listed in subsequent points.

All participants must ensure their own supplies for the cycle, including food and beverages. Water refill stops will be listed along the route. Suomen Metsä will not provide additional food or beverage.

Suomen Metsä will provide the route which we will cycle between the city of Helsinki and the city of Porvoo. Participants can deviate from our route, but deviation from the route implies participants are then entirely responsible for their own route and Suomen Metsä will not be able to assist in case of issues.

Suomen Metsä is not responsible for a participant that is unable to complete the cycle. It is the responsibility of every participant to identify issues with their own journey and to terminate the cycle if need be; for example, in the instance that the participant begins to feel ill, it is for the participant to determine their ability to complete the cycle and call for medical assistance if needed.

In such an instance that a participant is unable to complete the cycle, Suomen Metsä will provide assistance to the nearest train or bus station; however, the responsibility is then for the participant to secure appropriate travel. Suomen Metsä will not drive participants back to Helsinki.

Suomen Metsä is not responsible for the return of any participants to Helsinki or elsewhere following the cycle. Every participant is responsible for their own return journey with either personal transportation or public transportation.

Suomen Metsä retains the right to make changes to the event as needed, including but not limited to the timetable. Suomen Metsä is not responsible for any financial losses incurred by the participants as a result of these changes.